

STUDIO KREUZBERG

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
10.00 - 11.30 SUNYOGA B 90 min, 40°C	10.00 - 11.30 SUNYOGA B 90 min, 40°C	10.00 - 11.30 SUNPOWERYOGA 90 min, 40°C	10.00 - 11.30 SUNYOGA B 90 min, 40°C	10.00 - 11.30 SUNYOGA B 90 min, 40°C	10.00 - 11.30 SUNYOGA B - still 90 min, 40°C	10.00 - 11.30 SUNYOGA B 90 min, 40°C
	12.15 - 13.15 SUNRISE VINYASA 60 min, 35°C	12.15 - 13.45 SUNYOGA B 90 min, 40°C	12.15 - 13.45 SUNYOGA A 90 min, 40°C	12.15 - 13.15 SUNRISE VINYASA 60 min, 35°C	12.15 - 13.15 SUNYOGAPilates 60 min, 35°C	12.15 - 13.15 SUNYOGAPilates 60 min, 35°C
16.00 - 17.30 SUNYOGA B 90 min, 40°C	15.00 - 16.30 SUNYOGAPilates 90 min, 35°C	16.00 - 17.30 SUNYOGA B 90 min, 40°C	15.30 - 16.30 SUN VINYASA 60 min, 35°C	16.00 - 17.30 SUNYOGA B 90 min, 40°C	13.45 - 15.15 SUNYOGA A 90 min, 40°C	16.00 - 17.30 SUNYOGA B 90 min, 40°C
18.15 - 19.45 SUNYOGA B 90 min, 40°C	17.30 - 19.00 SUNYOGA B 90 min, 40°C	18.15 - 19.45 SUNYOGA B 90 min, 40°C	17.30 - 19.00 SUNYOGA B 90 min, 40°C	18.15 - 19.45 SUNYOGA A 90 min, 40°C	16.00 - 17.30 SUNYOGA B 90 min, 40°C	18.15 - 19.45 SUNYOGA B 90 min, 40°C
20.30 - 22.00 SUNYOGA B 90 min, 40°C	19.45 - 21.15 SUNYOGA B 90 min, 40°C	20.30 - 22.00 SUNYOGA A 90 min, 40°C	19.45 - 21.15 SUNYOGA B 90 min, 40°C	20.30 - 21.30 SUN VINYASA 60 min, 35°C	18.15 - 19.15 SUN VINYASA 60 min, 35°C	20.30 - 21.30 SUNSET VINYASA 60 min, 35°C

STUDIO FRIEDRICHSHAIN

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
9.30 - 11.00 SUNYOGA B 90 min, 40°C	9.30 - 11.00 SUNYOGA B AB 1. AUGUST	10.00 - 11.30 SUNYOGA B 90 min, 40°C	9.30 - 11.00 SUNYOGA B AB 1. AUGUST	11.00 - 12.00 SUNRISE VINYASA 60 min, 35°C		
	12.15 - 13.45 SUNYOGA A 90 min, 40°C		12.15 - 13.15 SUNYoga-Pilates 60 min, 35°C	14.30 - 15.45 SUNYOGAPostnatal 75 min, 28°C		12.15 - 13.45 SUNYOGA B 90 min, 40°C
		16.30 - 17.45 SUNYOGAPrenatal 75 min, 28°C		16.30 - 18.00 SUNYOGAPilates 90 min, 35°C	15.15 - 16.30 SUNYOGAPrenatal 75 min, 28°C	16.30 - 17.30 SUNYoga-Pilates 60 min, 35°C
17.30 - 19.00 SUNYOGA B 90 min, 40°C	18.00 - 19.30 SUNYOGA B 90 min, 40°C	18.30 - 20.00 SUNYOGA B 90 min, 40°C	18.00 - 19.30 SUNYOGA A 90 min, 40°C	19.00 - 20.30 SUNYOGA B 90 min, 40°C	17.00 - 18.30 SUNYOGA B 90 min, 40°C	18.00 - 19.30 SUNYOGA B 90 min, 40°C
20.00 - 21.30 SUNYOGA A 90 min, 40°C	20.30 - 22.00 SUNYOGA B 90 min, 40°C	20.30 - 21.30 SUN VINYASA 60 min, 35°C	20.30 - 22.00 SUNYOGA B 90 min, 40°C			20.30 - 21.30 SUNSET VINYASA 60 min, 35°C

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